Competency Checklist

<table>
<thead>
<tr>
<th>Date:</th>
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<tbody>
<tr>
<td>Employee Name:</td>
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<tr>
<td>Preceptor/Evaluator’s Name</td>
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<tr>
<td>Competency:</td>
<td>Bladder Irrigation</td>
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INDICATORS OF PERFORMANCE LEVEL SUMMARY

<table>
<thead>
<tr>
<th>How Met</th>
<th>Level of Competency</th>
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<tbody>
<tr>
<td>O</td>
<td>Direct Observation/Return Demonstration</td>
</tr>
<tr>
<td>V</td>
<td>Verbalization/Discussion</td>
</tr>
<tr>
<td>T</td>
<td>Test</td>
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<tr>
<td>NA</td>
<td>Not applicable</td>
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If overall performance or competency is rated below the minimum competency level of 2, that performance or competency must be reassessed within 30 days of this review.

The employee demonstrates skills and competence in the following:

- Gather all necessary supplies including
  - Sterile irrigation set
  - Clean gloves and sterile gloves
  - Sterile normal saline irrigate (or solution as ordered)
  - Catch basin
  - Antiseptic swab
  - Absorbent pad
- Introduce self, identify patient with ID band and explain procedure, check patient’s allergies.
- Follows standard precautions, washes hands according to CDC guidelines.
- Provide privacy, and place client in comfortable position
- Palpate client’s bladder to check for distention
- Open sterile container and maintain sterile field
- Don clean gloves
- Place absorbent pad under the connection of tubing and catheter
- Pour irrigant solution into container
- Place syringe in container, do not contaminate tip
- Place catch basin on pas to form working field
- Disconnect catheter from the drainage tube
- Place a sterile protective cap over tip of drainage tube or hold in nondominant hand
- Place catheter over the edge of the catch basin
- Don sterile gloves after removing clean gloves
- Instill 30-50 ml of irrigant solution into catheter
- Remove syringe and allow solutions to drain into basin via gravity
- Continue irrigation until fluid returns are clear or clots are removed
- Remove protective top from drainage tube, clean it with an antiseptic swab
- Disinfect end of catheter with alcohol and connect to drainage tip
- Ensure patency from tubing to drainage bag
- Secure catheter to inner thigh of patient

Evaluated by:          | How Met | Level of Competency | Evaluated by: |
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Remove gloves and discard equipment
Ensure client safety and comfort
Wash hands
Document findings

- Employee is competent to perform the above tasks independently and without supervision
- Employee’s level of competence is below 2. Reassess competency on: ____________________________

Employee’s Signature
Evaluator’s Signature