Competency Checklist

Date: 
Employee Name: 
Preceptor/Evaluator’s Name: 
Competency: Vital Sign Assessment - Peripheral Pulse

INDICATORS OF PERFORMANCE LEVEL SUMMARY

<table>
<thead>
<tr>
<th>How Met</th>
<th>Level of Competency</th>
</tr>
</thead>
<tbody>
<tr>
<td>O</td>
<td>Direct Observation/Return Demonstration</td>
</tr>
<tr>
<td>V</td>
<td>Verbalization/Discussion</td>
</tr>
<tr>
<td>T</td>
<td>Test</td>
</tr>
<tr>
<td>NA</td>
<td>Not applicable</td>
</tr>
</tbody>
</table>

If overall performance or competency is rated below the minimum competency level of 2, that performance or competency must be reassessed within 30 days of this review.

The employee demonstrates skills and competence in the following:

Goal: The patient’s pulse is assessed accurately without injury and the patient experiences only minimal discomfort.

1. Gather Equipment/Supplies:
   - Watch with second hand
   - Gloves

2. Perform hand hygiene and don gloves.

3. Select the appropriate peripheral site based on assessment data and move the patient’s clothing to expose only the site chosen.

4. Place your first, second, and third fingers over the artery. Lightly compress the artery so pulsations can be felt and counted.

5. Using a watch with a second hand, count the number of pulsations felt for 30 seconds. Multiply this number by 2 to calculate the rate for 1 minute.
   - If the rate, rhythm, or amplitude of the pulse is abnormal in any way, palpate and count the pulse for 1 minute.

6. Note the rhythm and amplitude of the pulse.

7. When measurement is completed cover the patient and help him or her to a position of comfort.

8. Remove gloves and perform hand hygiene.

☐ Employee is competent to perform the above tasks independently and without supervision

☐ Employee’s level of competence is below 2. Reassess competency on: _______________________

Employee’s Signature
Evaluator’s Signature